



# MELISSA'S CHILDCARE

## TOILET TRAINING POLICY

### Policy Statement

I am committed to supporting families through the toilet training process in a positive, consistent, and developmentally appropriate way. My goal is to work in partnership with parents to make toilet training a smooth and stress-free experience for each child.

### Readiness and Early Support

Toilet training is not based on age, but on a child's physical and emotional readiness. I offer guidance to parents on identifying signs that their child may be ready to begin using the toilet. Signs of readiness include:

- Nappies remaining dry after naps or overnight
- Increased gaps between wet nappies, showing bladder control
- The child communicating that they are wet or dirty and want to be changed
- Attempting to remove nappies or expressing an interest in wearing pants
- Showing curiosity about using the toilet or potty

Parents are encouraged to begin toilet training at home when their child is showing these signs and can dedicate at least a week to support the process fully before transitioning the child to the setting in pants.

### Partnership with Parents

I follow the toilet training routine established at home to ensure consistency and avoid confusion for the child. I provide regular updates on progress within the setting and ask parents to share how things are going at home. Open communication is key to a successful toilet training journey.

I am happy to support reward systems used at home and provide regular toilet reminders as appropriate. My approach is tailored to the individual needs of each child, offering encouragement and reassurance.

### Resources and Environment

To support toilet training, I offer a range of age-appropriate resources, including:

- Potties, toilet steps, and child seats
- Storybooks and role-play materials related to toileting
- Visual prompts and cues if these are used at home and found helpful

Children are also taught proper handwashing techniques to encourage independence and hygiene.



## Accidents and Hygiene

Toileting accidents are handled calmly and without fuss. Children are cleaned up in a respectful and supportive manner. Parents are asked to provide at least three full changes of clothes, including socks. Where appropriate, children are encouraged to clean themselves with wipes and change their clothes, with assistance provided when needed or if the child is upset.

## Support for Children with SEND

Children with special educational needs and disabilities (SEND) will be supported to begin toilet training when they are ready, regardless of age. I will work closely with parents to understand the child's individual needs and use visual aids or routines if these are used effectively at home.

